



## Pasta with tomato and garlic

**SE/DK/NO Ingredienser:** Pasta 55 % (durumvetemjöl/durumhvedemel, salt), grönsaker (tomat 21 %, lök/løg, morot/gulerod, palsternacka/pastinak), palmfett, socker/sukker, salt, arom/aroma, maltodextrin, persilja/persille, kryddor/krydderier, jalapeno.

**EN Ingredients:** Pasta 55 % (durum wheat flour, salt), vegetables (tomato 21 %, onion, carrot, parsnip), palm fat, sugar, salt, flavouring, maltodextrin, parsley, spices, jalapeño.

**FR Ingrédients:** Pâtes 55% (farine de blé, sel), légumes (tomate 21%, oignon, carotte, panais), graisse de palme, sucre, sel, arôme, maltodextrine, persil, épices, piment jalapeño.

**Claims:** Lactose free and Vegan

**Category:** Dry meal

### Preparation:

1 Tear off the top and fold out the bottom

2 Add 400 ml of boiling water (level G)

3 Stir well

4 Re-seal, wait 10 mins

Add more water if required.

Can be prepared using cold water, extend the time to > 30 mins

**Content:** 149 g

**Shelf life:** 48 months at an ambient temperature in a temperate climate or according to NATO Standard AMedP-1.11; Chapter 3 – Shelf Life.

**Storage:** Dry at room temperature.

**Nutritional values:**

<b>Nutritional declaration</b>	<b>Per 100g (dry product)</b>	<b>Per Pouch (prepared)</b>
Energy (kJ)	1772 kJ	2640 kJ
Energy (kcal)	423 kcal	631 kcal
Fat	16 g	24 g
of which saturated fat	10 g	15 g
Carbohydrate	58 g	87 g
of which sugars	13 g	19 g
Fiber	3,5 g	5,2 g
Protein	9,9 g	15 g
Salt	3,1 g	4,6 g



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