



Chili sin carne with kidney beans

SE/DK/NO Ingredienser: Röda bönor/bønner 30 %, vatten/vand, tomatpuré, grönsaker 12 % (morot/gulerod, lök/løg, majs, röd paprika/rød peberfrugt), texturerat **veteprotein/hvedeprotein (vetegluten/hvedegluten)**, kalciumsulfat), rapsolja, grön jalapeno, arom/aroma (innehåller **selleri**), salt, förtjockningsmedel/fortykningssmidler/tykningsmiddel: guarkärnmjöl/guargummi, modifierad majsstärkelse/majsstivelse, dextros/druesukker, curry/karry (innehåller **senap/sennep**), vitlök/hvidløg, färgämne/farve/fargestoff: paprikaextrakt. Kan innehålla spår/spor av mjölk/mælk/melk, ägg/æg och soja.

EN Ingredients: Red beans 30%, water, tomato puree, vegetables 12% (carrots, onions, corn, red pepper), textured **wheat** proteins (**wheat** gluten, calcium sulfate), rapeseed oil, green jalapeno, flavourings (contains **celery**), salt, thickener: guar gum, modified maize starch, dextrose, curry (contains **mustard**), garlic, colour: paprika extract. May contain traces of milk, egg and soy.

FR Ingrédients: Haricots rouges 30%, eau, concentré de tomates, légumes 12% (carottes, oignons, maïs, poivron rouge), protéines texturées de **blé** (gluten de **blé**, sulfate de calcium), huile de colza, piment jalapeño vert, arômes (contient du **céleri**), sel, épaississant: gomme de guar, amidon modifié de maïs, dextrose, curry (contient de la **moutarde**), ail, couleur: extrait de paprika. Peut contenir des traces de lait, d'œuf et de soja.

Claims : Vegan and Lactose free

Category: Wet meal

Content: 430 g

Shelf life: 42 months at an ambient temperature in a temperate climate or according to NATO Standard AMedP-1.11; Chapter 3 – Shelf Life.

Storage: Dry at room temperature.

Nutritional values:

Nutritional declaration	Per 100g	Per Pouch (430g)
Energy (kJ)	534 kJ	2296 kJ
Energy (kcal)	128 kcal	550 kcal
Fat	5,6 g	24 g
of which saturated fat	0.4 g	1,7 g
Carbohydrate	8,6 g	37 g
of which sugars	1,7 g	7,3 g
Fiber	4,2 g	18 g
Protein	8,6 g	37 g
Salt	0,97 g	4,2 g



Marketed by Continental Foods Sweden AB, www.outdoormeal.com
 Consumer contact Phone +46 (0)20-94 00 94