



Thai chicken with coconut taste

SE/DK/NO Ingredienser: Ris 43%, vatten/vand, kokt/kogt kycklingkött/kyllingekød 15% (kycklingkött/kyllingekød, salt), grönsaker 14% (lök/løg, röd paprika/rød peberfrugt, morot/gulerod, majs), kycklingfett/kyllingefedt, laktosfri **grädde/fløde**, salt, förtjockningsmedel/fortykningssmidler/tykningsmiddel: guarkärnmjöl/guargummi, arom/aroma, vitlök/hvidløg, citronjuicekoncentrat, dextros/druesukker, lökpulver/løgpulver, socker/sukker, koriander, persilja/persille, färgämne/farve/fargestoff: paprikaextrakt. Kan innehålla spår/spor av vete/hvede, ägg/æg, soja, selleri och senap/sennep.

EN Ingredients: Long-grain rice 43%, water, cooked chicken meat 15% (chicken meat, salt), vegetables 14% (onions, red pepper, carrots, corn), chicken fat, lactose-free **cream**, salt, thickener: guar gum, flavourings, garlic, lemon juice concentrate, dextrose, onion powder, sugar, coriander, parsley, colour: paprika extract. May contain traces of wheat, egg, soy, celery and mustard.

FR Ingrédients: Riz long grain 43%, eau, viande de poulet cuite 15% (viande de poulet, sel), légumes 14% (oignon, poivron rouge, carotte, maïs), graisse de poulet, **crème** sans lactose, sel, épaississant: gomme de guar, arômes, ail, concentré de jus de citron, dextrose, poudre d'oignon, sucre, coriandre, persil, colorant: extrait de paprika. Peut contenir des traces de blé, de céleri, de soja, d'œuf et de moutarde.

Claims : Lactose free and Gluten free

Category: Wet meal

Content: 430 g

Shelf life: 42 months at an ambient temperature in a temperate climate or according to NATO Standard AMedP-1.11; Chapter 3 – Shelf Life.

Storage: Dry at room temperature.

Nutritional values:

Nutritional declaration	Per 100g	Per Pouch (430g)
Energy (kJ)	534 kJ	2296 kJ
Energy (kcal)	128 kcal	550 kcal
Fat	7 g	30 g
of which saturated fat	2,4 g	10 g
Carbohydrate	11 g	47 g
of which sugars	1,4 g	6 g
Fiber	1 g	4,3 g
Protein	5 g	22 g
Salt	0,96 g	4,1 g



Marketed by Continental Foods Sweden AB, www.outdoormeal.com
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