



Chicken meatballs with spicy tomato

SE/DK/NO Ingredienser: Vatten/vand, tomatpuré 25%, köttbullar/kødboller 15% (kycklingkött/kyllingekød 56%, kycklingskinn/kyllingeskind, skorpmjöl/rasp/brødsmuler (**vetemjöl/hvedemel**, salt, jäst/gær), vatten/vand, lök/løg, rapsolja/rapsolie, smaksättare/smagsstoffer/smakstilsetninger (salt, hydrolyserat grönsaksprotein, solrosolja/solsikkeolie), modifierad majsstärkelse/majsstivelse, potatisstärkelse/kartoffelstivelse/potetstivelse, salt, kryddor/krydderier), pasta 11% (**durumvete/durumhvede** semolina/semule, **äggvita/æggehvide**), rapsolja/rapsolie, tomat 2,3%, lök/løg, socker/sukker, vinäger/eddike/vineddik, grön jalapeno, salt, förtjockningsmedel/fortykningssmidler/tykningssmidler: guarkärnmjöl/guargummi, arom/aroma, vitlök/hvidløg, dextros/druesukker, jästextrakt/gærekstrakt, lökpulver/løgpulver, basilika/basilikum, persilja/persille, syra/syre: citronsyra, färgämne/farve/fargestoff: paprikaextrakt. Kan innehålla spår/spor av mjölk/mælk/melk, selleri, soja och senap/sennep.

EN Ingredients: Water, tomato puree 25%, meatballs 15% (chicken meat 56%, chicken skin, breadcrumbs (**wheat** flour, salt, yeast), water, onions, rapeseed oil, seasoning (salt, hydrolyzed vegetable protein, sunflower oil), modified maize starch, potato starch, salt, spices), pasta 11% (durum **wheat** semolina, **egg** white), rapeseed oil, tomato pieces 2,3%, onions, sugar, vinegar, green jalapeno, salt, thickener: guar gum, flavourings, garlic, dextrose, yeast extract, onion powder, basil, parsley, acidifier: citric acid, color: paprika extract. May contain traces of milk, celery, soy and mustard.

FR Ingrédients: Eau, concentré de tomate 25%, boulettes de viande 15% (viande de poulet 56%, peau de poulet, panure (farine de **blé**, sel, levure), eau, oignon, huile de colza, assaisonnement (sel, protéines végétales hydrolysées, huile de tournesol), amidon modifié de maïs, amidon de pomme de terre, sel, épices), pâtes 11% (semoule de **blé** dur, blanc d'**œuf**), huile de colza, morceaux de tomate 2,3%, oignon, sucre, vinaigre, piment jalapeño vert, sel, épaississant: gomme de guar, arômes, ail, dextrose, extrait de levure, poudre d'oignon, basilic, persil, acidifiant: acide citrique, colorant: extrait de paprika. Peut contenir des traces de lait, de céleri, de soja et de moutarde.

Claims : Lactose free

Category: Wet meal

Content: 430 g

Shelf life: 42 months at an ambient temperature in a temperate climate or according to NATO Standard AMedP-1.11; Chapter 3 – Shelf Life

Storage: Dry at room temperature.

Nutritional values:

Nutritional declaration	Per 100g	Per Pouch (430g)
Energy (kJ)	536 kJ	2305 kJ
Energy (kcal)	128 kcal	550 kcal
Fat	6,4 g	28 g
of which saturated fat	0,6 g	2,6 g
Carbohydrate	12 g	52 g
of which sugars	2,9 g	12 g
Fiber	1 g	4,3 g
Protein	4,4 g	19 g
Salt	0,7 g	3 g



Marketed by Continental Foods Sweden AB, www.outdoormeal.com
 Consumer contact Phone +46 (0)20-94 00 94