

Pumpernickel portion packs 50g

Shelf life 36 months

Ingredients: **Crushed whole rye grains** (60%), water, sugar beet syrup, salt, **malt extract (barley)**, yeast.

Nutritional value per	100g / r
Energy	801 kJ 190 kcal
Fat	1,2 g
of which saturated fat	0,2 g
Carbohydrates	34,6 g
- of which sugars	7,8 g
Fiber	10,5 g
Proteins	5,0 g
Salt	1,4 g